

Emerald House Program Progress Achievements

Every woman's journey through Emerald House is unique. As participants meet both personal and program goals, they achieve meaningful milestones that demonstrate true growth. These milestones are designed to be earned in sequence, with each one building upon the last. Credits are achieved through the 5-Star Growth Plan.

New Direction



At least 30 days
and 80 credits

The participant has begun a new direction by releasing unhealthy habits and completing key assessments. She has taken intentional steps toward healing and is building a foundation for continued growth.

Proverbs 3:5-6

Rooted in Truth



At least 60 days
and 175 credits

The participant has established consistent routines and set personal goals. She has grown in emotional and spiritual stability and is becoming more grounded in truth.

Colossians 2:6-7

Strength to Stand



At least 90 days
and 265 credits

By walking in daily responsibility and committing to healthy rhythms, the participant built the strength to remain steady through life's challenges, establishing a resilience that continues to grow.

Ephesians 6:13

Emerging Confident



At least 6
months and 600
credits

As healing has progressed, the participant has broken old patterns and begun to see herself-and her future-with renewed confidence. This emerging clarity fuels her continued transformation.

Philippians 1:6

Purposeful Living



At least 9
months and 800
credits

The participant has embraced her identity and prepared for life beyond the program. She moves forward with clarity, dignity, and the tools needed for independent living and continued growth.

Ephesians 2:10