

Guarding Hearts & *Minds*



Biblical Discernment for a Media-Saturated World

SESSION 1: HOW SCREENS SHAPE THE BRAIN

EMERALD HOUSE PROGRAM GUIDELINES

Safe Environment

No drugs, alcohol, weapons, or harmful media are permitted. Choose what is uplifting and good.

Staff can guide regarding safe media (includes movies, books, magazines, and music).

“Whatever is true, whatever is noble, whatever is right, whatever is pure... think about such things.”

– Philippians 4:8



SESSION GOAL

Understand how screen time shapes thinking and behavior, and how to guide it



SCREEN TIME GUIDE BY AGE

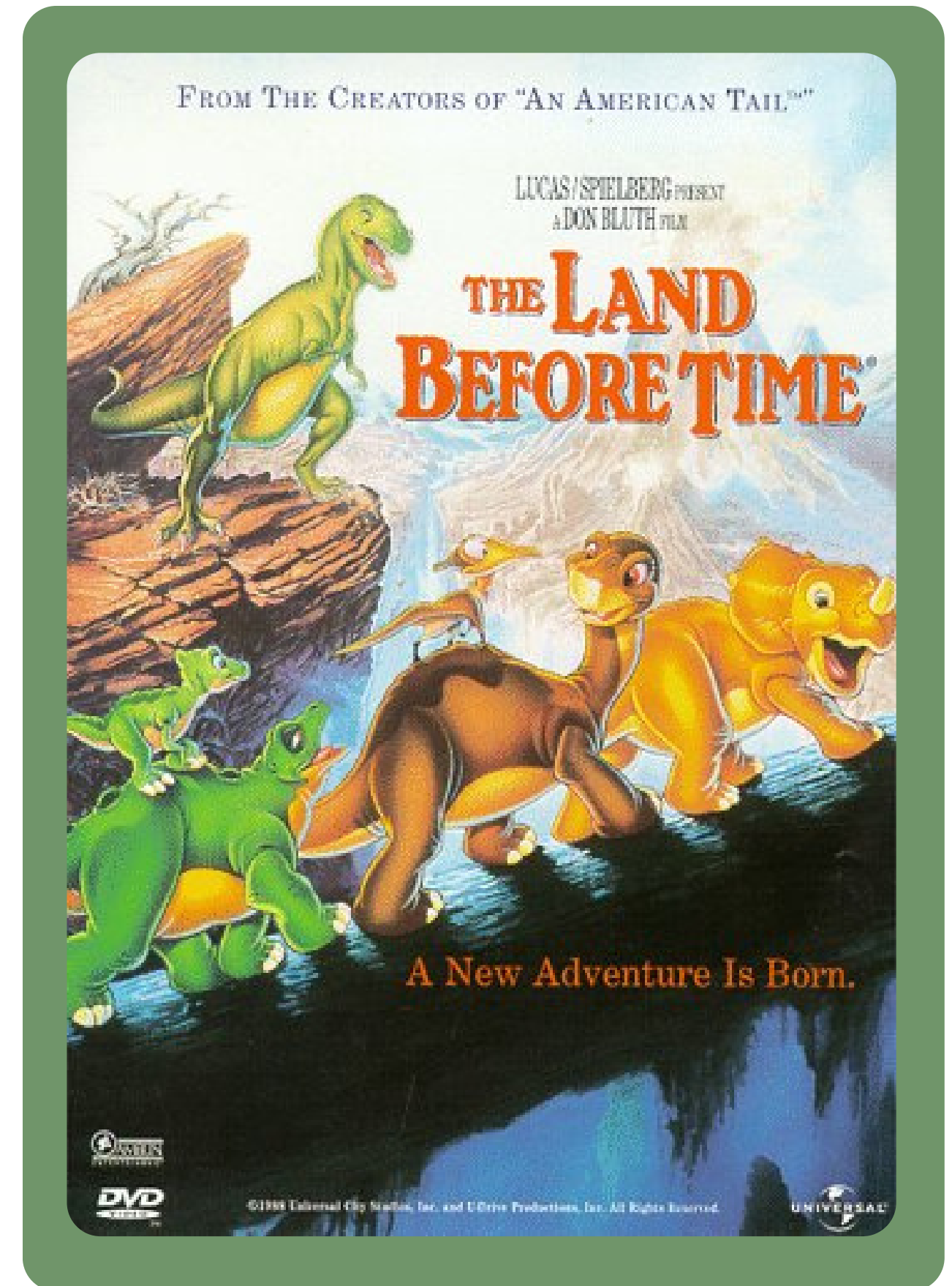


OVERSTIMULATION



NARRATION

Once upon this same earth,
beneath this same sun, long
before you... before the ape and
the elephant as well... before the
wolf, the bison, the whale...
before the mammoth and the
mastodon... was the time of the
dinosaurs.





WORLDVIEW



Sadly, discretion is needed even when media sources claim to be Christian.



ATTITUDE



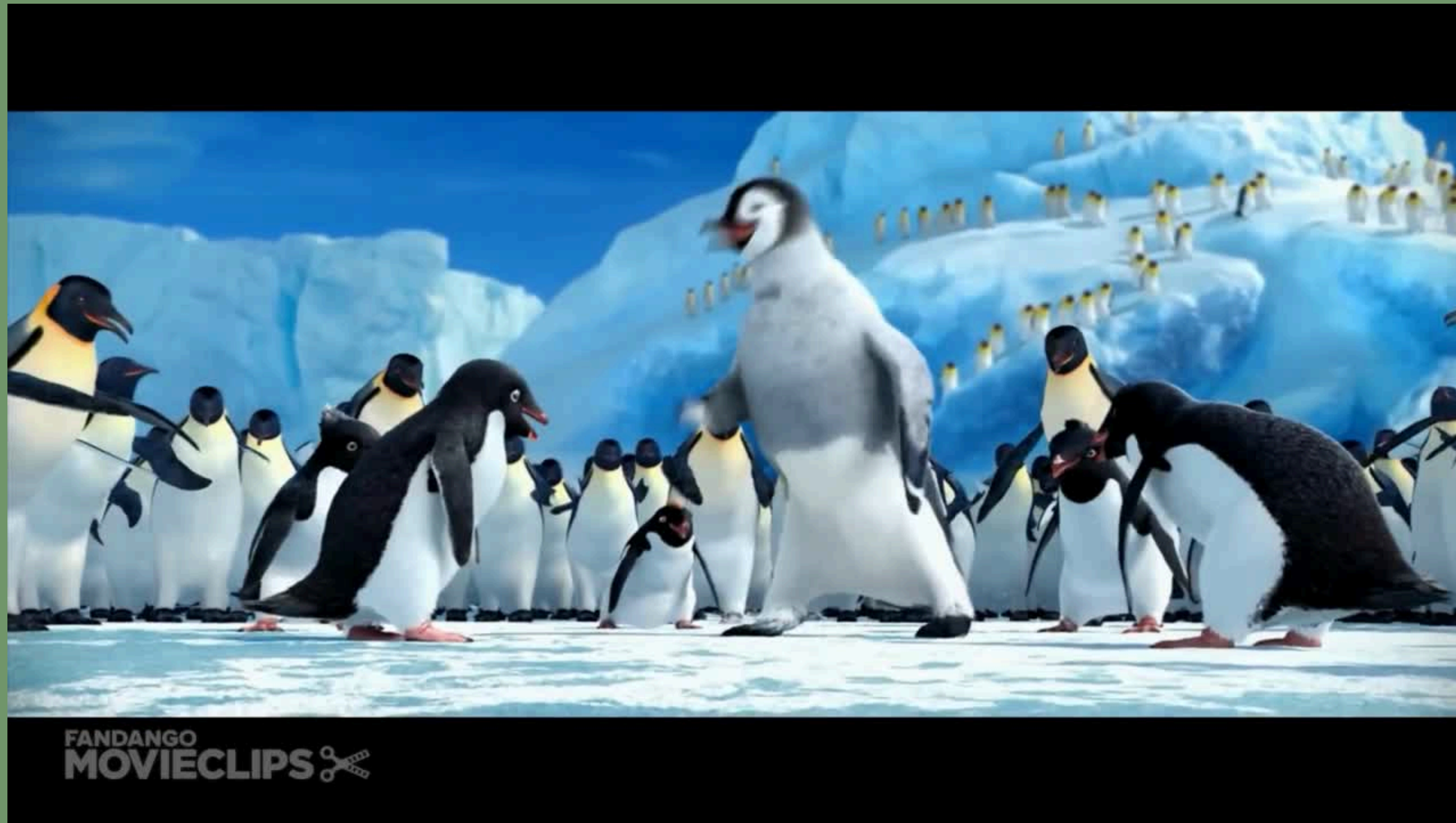
AUTHORITY UNDERMINED



FRIGHTENING SCENES



EMOTIONAL ASSOCIATION



POSTITIVE MODELING



